

Nethra Arogyam

Saving Sight Changing Lives

Eye Donation Week: Illuminating the Path to Vision for All

August 25th to September 8th

Every year, Eye Donation Week serves as a poignant reminder of the remarkable gift of sight and the generosity of those who choose to share it. This week-long observance is a time to raise awareness about the critical need for eye donation and to celebrate the heroes who contribute to this noble cause.

Eye Donation Week holds immense significance for:

Raising Awareness: It serves as a platform to educate the public about the importance of eye donation and the impact it has on individuals and society as a whole. Many people are unaware of the need for corneal transplants and how a simple act of donating one's corneas can change someone's life.

Honoring Donors: This week provides an opportunity to pay tribute to those who have selflessly donated their eyes after passing away. Their noble act has the power to restore sight and bring hope to countless individuals.

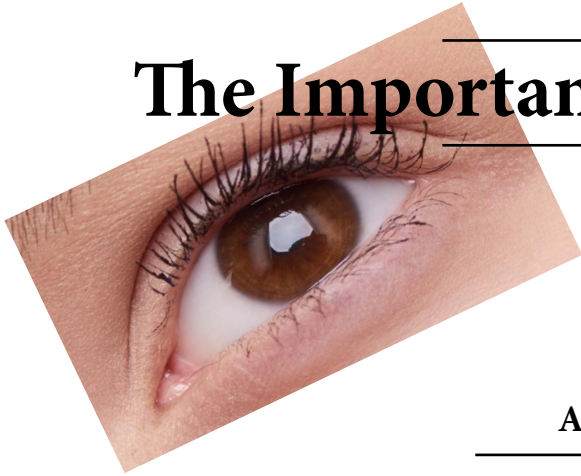
Inspiring Action: Eye Donation Week encourages individuals and families to consider becoming eye donors. By promoting the idea that one can continue to give even after death, it inspires a sense of responsibility and compassion.



EYE CARE WITH CARE

Saving Sight Changing Lives

The Importance of Eye Donation



Dr Hareesh K V
Medical director
Abhishek Nethradhama



Eye donation is a powerful and transformative act of generosity. It has the potential to save sight and change lives. By embracing the importance of eye donation, we can work together to combat vision impairment and blindness, bringing light and hope to countless individuals and their families. It is a reminder that even after we are gone, we have the power to make a lasting impact on the world and leave behind a legacy of compassion and kindness.

The gift of sight is a priceless treasure that many of us often take for granted. Imagine a world without the ability to see the faces of loved ones, the beauty of nature, or the countless everyday wonders that sight affords us. Sadly, for millions of people around the world, this is their daily reality due to vision impairment or blindness. However, there is hope on the horizon, and it comes in the form of eye donation.

The Global Issue of Vision Impairment

As per WHO, Globally, there are an estimated 2.2 billion people living with vision impairment, and 1.1 billion of them are blind. These numbers are staggering,

and they represent not only personal suffering but also a significant economic and societal burden. Vision impairment affects an individual's ability to work, learn, and fully participate in their community. It is a problem that transcends borders and affects people of all ages and backgrounds.

The Miracle of Eye Donation

Eye donation is a medical wonder that offers the gift of sight to those in need. The cornea is the transparent, front part of the eye that allows light to enter and helps focus it on the retina. When the cornea becomes damaged or diseased, vision is severely impaired or lost altogether. This is where eye donation comes into play.

Eye donation involves the selfless act of donating corneal tissue after one's passing. The donated corneas can then be transplanted into individuals with corneal disorders, enabling them to regain their vision. The procedure is relatively simple, yet its impact is profound. It's a testament to the power of human compassion and medical innovation working hand in hand.

The Journey of a Cornea

Once the cornea is removed from the donor's eye with utmost care and respect, a network of eye banks, surgeons, and medical professionals work tirelessly to ensure that the precious gift remains viable and ready for transplantation.

Stories of Hope and Gratitude

Behind each cornea transplant is a story of hope, gratitude, and resilience. Individuals who have received the gift of sight often share their experiences, expressing profound appreciation for their donors and their families. These stories serve as a testament to the enduring legacy of eye donors.

The Impact of Eye Donation

- **Restored Independence:** For recipients of corneal transplants, the gift of sight means regaining their independence. It allows them to perform daily tasks, navigate their surroundings, and engage with the world on their terms.
- **Improved Quality of Life:** Beyond basic functionality, sight restoration enhances the overall quality of life. It enables individuals to enjoy hobbies, read, watch movies, and connect with loved ones visually.
- **Economic Empowerment:** A person with restored vision can participate in the workforce, earn a livelihood, and contribute to their community and society at large. This



not only benefits the individual but also the economy as a whole.

- **Reduction in Blindness:** Eye donation plays a crucial role in reducing the global burden of blindness. By addressing corneal disorders, we take a significant step toward achieving the World Health Organization's vision of eliminating avoidable blindness.

Becoming an Eye Donor: A Gift Beyond Measure

Becoming an eye donor is a selfless act that can leave a lasting legacy. It offers hope to those in need, enabling them to see the world anew. If you are considering becoming an eye donor, here are a few essential steps to take:

- **Express Your Wish:** Make your intention to become an eye donor known to your family and friends. Discussing your wishes ensures that they can be carried out when the time comes.
- **Register as a Donor:** Many countries have eye donation organizations that allow individuals to register as donors. This ensures that your corneas can be used to give the gift of sight.
- **Spread Awareness:** Share information about eye donation with your community. Encourage others to consider becoming donors as well.

Do you know?

- Eyes can be donated only after death. Eyes are too precious to be buried or burnt.
- Eyes can be collected at home, hospital, mortuary or at the place of death.
- One pair of eyes can give sight to two corneal blind individuals.
- Eyes should be donated within 6 hours after death.
- Removal of eyes takes only 20 minutes and does not disfigure the face.
- Eyes are collected / distributed free of cost.
- Our enucleating team will reach the place of deceased within 30-40 minutes.
- If you come across death, please appeal to the bereaved family and gently explain and motivate the family to donate eyes.
- Prior eye pledging is NOT necessary.
- Eye donation can be done by all. No age limit.
- Eye donation can be made even if the deceased person had B.P./ Diabetes/ asthma/ underwent eye surgery, etc.
- During eye donation, 5-10 ml of blood will be collected for testing.
- Persons with Jaundice, AIDS & other blood related diseases are NOT eligible for donation.

When you come across death, Please,

1. Close the eyes of the deceased on forehead.
2. Raise the head with pillow & switch off fan. 4. Inform Dr.Rajkumar's Eye collection center immediately.
3. Put the polythene cover with few ice cubes

**If You Have Any Questions Regarding Eye Donation
Please Contact Us : +91 - 7624840024**

Multi Speciality Eye Hospital
Eye Care with Care

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FACILITIES AVAILABLE

- ◆ Cataract Services
- ◆ Cornea Services
- ◆ Diabetic Eye care Services
- ◆ Paediatric Services
- ◆ Glaucoma Services
- ◆ Orbit, Oculoplasty & Neurophthalmology
- ◆ Community Services
- ◆ Facial Aesthetics

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